



**FACT SHEET:  
ABOUT CHILDREN'S GRIEF AWARENESS DAY 2009**

Children's Grief Awareness Day is an annual event in Pennsylvania to bring attention to the needs of grieving children.

The Highmark Caring Place, A Center for Grieving Children, Adolescents and Their Families, started Children's Grief Awareness Day in 2008. The event will be held on the Thursday prior to Thanksgiving each year. This year, the day will be marked on Thursday, Nov. 19, 2009.

During Children's Grief Awareness Day, hundreds of schools across Pennsylvania will host activities to raise awareness for their fellow classmates who may have had a loved one die. Also, many community organizations and members will join Children's Grief Awareness Day by wearing blue on Nov. 19.

Children who have had someone die, especially a close family member, can feel the impact of that loss forever. The Caring Place is a resource for children and adults to receive support from others who have also experienced a death and discover that they are not alone in their grief. Part of its mission is to help people understand the impact of death on children, and how to help a child who is grieving.

Caring Place services are free of charge and are available in Caring Place facilities in Pittsburgh, Warrendale, Erie and Central Pennsylvania. For more information, call 1-866-613-HOPE (4673) or visit [www.highmarkcaringplace.com](http://www.highmarkcaringplace.com).