

HIGHMARK.

CARING PLACE 

finding hope in grief

Programs
and services

Hope and
support in
times of grief



We believe:

Grief is natural and normal,
unique yet universal.

Children of every age grieve,
and they grieve differently than adults.

A death in the family significantly
impacts individuals in the family.

Children benefit from strong community.

Grief is a lifelong process.

Hope and healing are possible.



A caring community

When faced with grief, the Highmark Caring Place offers a reliable community of care and support.

The Caring Place is a leading support program for grieving kids, teens, young adults, and their families. With four centers, we're the largest program of our kind, offering support groups in our centers, in schools, and online.

No insurance needed. All services provided at no cost.



So many ways to support

If you, or someone you know, could use support in their grief, please point them in our direction right here:



"You are invaluable to our local community and touch so many lives every day."

— Barb, volunteer



Scan the QR code for grief resources.

Helping individuals and families

We provide:

Peer support groups

A safe spot for kids, teens, and families to connect, share stories, and learn ways to cope with their grief. It's all about being there for each other.

Referral services

Need some extra help or a specific type of support? We can connect you with other resources and professionals who can assist.

Virtual support for young adults

Grief continues after high school. We offer online support groups for young adults navigating loss and life.

Supporting schools and students

We will:

- Lead peer support groups for students who've experienced loss.
- Provide training for teachers and staff on how to help grieving kids.
- Offer support after a death in the school community.
- Give classroom presentations on how students can support their grieving friends.

Partner with us

We offer trainings, webinars, personalized consultations, and outreach programs.

Contact us today to learn how we can bring education and support to your organization.



Helping grieving children and families heal over a lifetime

Our mission is to create a world of compassionate communities where all people can find hope and healing after the death of a loved one. We provide grief support for families and individuals of all ages through peer groups, education, and advocacy.

Where to find us

highmarkcaringplace.com

888-567-1028

contactus@highmark.com



Pittsburgh Region

620 Stanwix Street
Pittsburgh, PA 15222

Harrisburg Region

1800 Center Street
Camp Hill, PA 17011

Erie Region

510 Cranberry Street
Bldg. 2
Erie, PA 16507

Cranberry Township/ Wexford Region

200 Warrendale
Village Drive
Warrendale, PA 15086