Journey to Hope

Virtual Young Adult Grief Support Group

Every Thursday February 18th - April 15th

*No group on March 25th. This group will take place entirely online via the Zoom platform.

6:00PM - 7:30PM

Grief is challenging under any circumstance. By providing a safe, caring, and confidential setting, this NO COST group will help empower and equip young adults ages 18-30 with tools that will help them journey through the grief process.

This social setting is designed to be an educational support group focused on empowering young adults to learn how to navigate their "new reality."

For additional information or to RSVP, e-mail Davina Pacley at davina.pacley@highmark.com or call 866.212.4673 or 814.871.6868. *An intake process is required for entry into this support group.

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