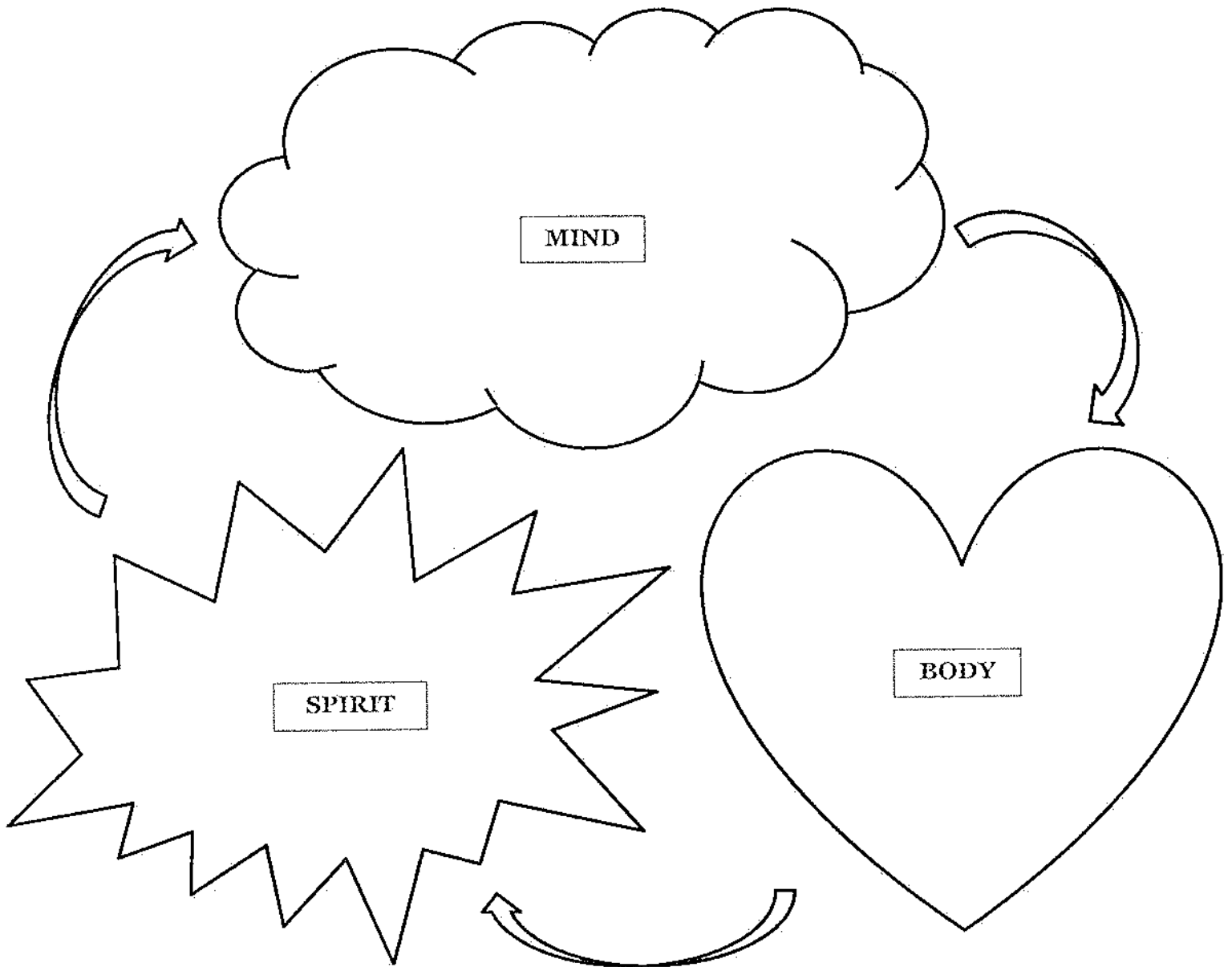


Self-Care Plan



Supportive People, Places or Things in my Life